

S1 Table: Sensitivity analysis: complete follow-up versus incomplete follow-up

Variable	Complete visits (n=30)	Incomplete visits (n=29)	Comparison
Age (median/IQR)	58 (50-64)	64 (58-69)	p 0.03*
Gender (n, %)			
• Male	22 (73.3)	16 (55.2)	
• Female	8 (26.7)	13 (44.8)	
ICU LOS (median/IQR)	15 (5-21)	10 (8-21)	p 0.75‡
Hospital LOS (median/IQR)	41 (23-56)	30 (20-49)	p 0.20‡
MV days (median/IQR)	12 (4-18)	10 (6-14)	p 0.85‡
Admission category (n, %)			
• Acute	21 (70.0)	20 (69.0)	
• Elective	9 (30.0)	9 (31.0)	
Discharge location			
• Home	23 (76.7)	20 (69.0)	
• Rehabilitation facility	7 (23.3)	9 (31.0)	
SNAQ65+			
• Green	3 (10.0)	1 (3.4)	
• Orange	4 (13.3)	2 (6.9)	
• Red	23 (76.7)	26 (89.7)	
Baseline outcome data			
Plmax (mean % predicted, SD)	67.9 (23.3)	65.5 (21.0)	p 0.74*
PEmax (median % predicted, IQR)	69.6 (26.4)	81.2 (42.8)	p 0.58‡
	71.8 (26.0)	72.3 (30.0)	p 0.85*
GS (mean % predicted, SD)	57 (31)	53 (30)	p 0.46‡
TMST (median steps, IQR)			

SD: Standard Deviation, LOS: Length Of Stay, IQR: Interquartile Range, MV: Mechanical Ventilation, SNAQ65+:

Short Nutritional Assessment Questionnaire 65+, Plmax: maximum static inspiratory mouth pressure, PEmax:

maximum static expiratory mouth pressure, GS: Grip Strength, TMST: Two-Minute Step Test

* independent samples t-test ‡ Mann Whitney U test