Supplementary file 4. Risk of bias assessment

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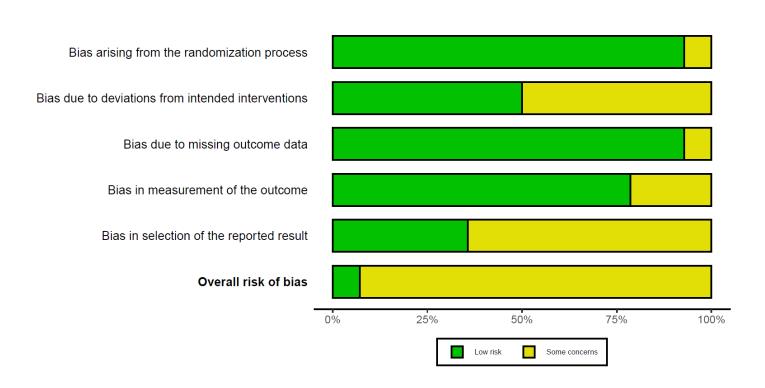
A. Randomized Controlled Trials



D2: Bias due to deviations from intended intervention.

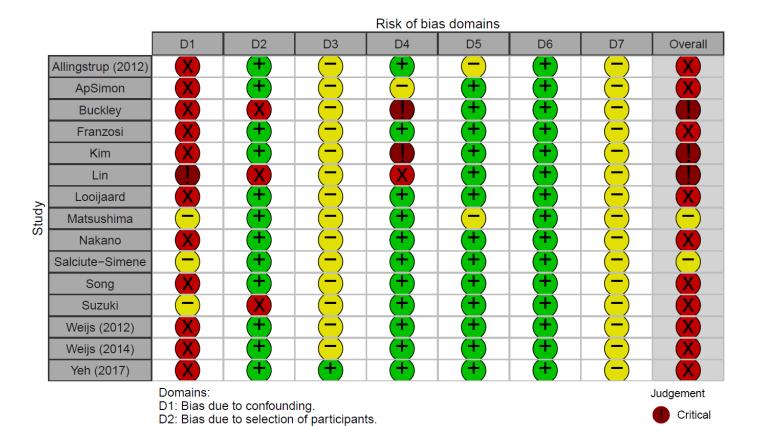
D3: Bias due to missing outcome data.

D4: Bias in measurement of the outcome. D5: Bias in selection of the reported result.



Low

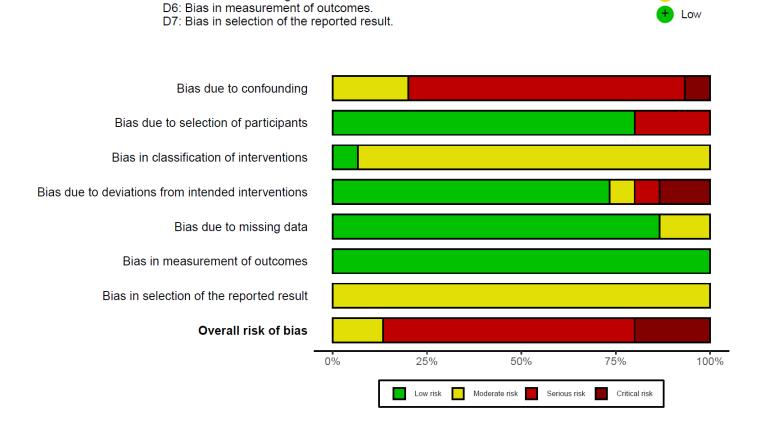
B. Observational studies



D3: Bias in classification of interventions.

D5: Bias due to missing data.

D4: Bias due to deviations from intended interventions.



Serious

Moderate